



Please join us! We always welcome family, friends, professionals, and other members of the community.

Fall 2009: Next Chapter Book Club begins its third year!

Our awesome book club leaders, Dawn Jones and Diana Harvey, will begin the third year of their book club. Contact the DSAR for more information.

Sunday, September 27, 2009, 2-5 pm

11th Annual Buddy Walk and Picnic in celebration of Down Syndrome

Awareness Month to be held at Darrell Shell Park, 6328 Merriman Road, Roanoke. Please bring a dish to share, and lawn chairs and blankets for extra seating by the shelter.

Thursday, October 8, 2009, 7-8 pm

Healing Strides of Virginia, 672 Naff Road, Boones Mill

Join us on site for a presentation on their services by Ms. Linda Grey and a tour of the facility.

Sunday, December 6, 2009, 2 pm

Ho Ho Ho Holiday Party to be held at the Brambleton Center, 3738 Brambleton Avenue, Roanoke. Potluck luncheon, entertainment, and visit from Santa.

Saturday, March 13, 2010, 8:30 am to 4:30 pm

4th Keys to the Future Conference, Hotel Roanoke and Conference Center, 110 Shenandoah Avenue, Roanoke

Confirmed speakers to date (and their specialty): **Terri Couwenhoven, MS** (sexuality and individuals with Down syndrome), **Kathie Snow** (disability is natural), **Pat Winders, PT** (physical therapy for the infant and child with Down syndrome), **Brian Skotko, MD** (having a sibling with Down syndrome, support to medical personnel on how to tell parents that their new baby has Down syndrome), **Frank Stephens** (public speaker and self-advocate). Look for the flyer on our web site within the next few months. Online registration will also be available (payment will need to be mailed to the DSAR). The registration fee will be the same as previous conferences, \$25 individual and \$40 for 2 members of the same household. Scholarships will again be available for parents and guardians who have children with Down syndrome and otherwise would not be able to afford attending (residency in Southwest Virginia required for scholarship).

Friday, May 14, 2010, 8 AM and 1:30 PM Tournaments

Mac & Bob's 18th Annual Benefit Golf Tournament Supporting the DSAR

Be sure to mark your calendar now! We appreciate your support of our tournament and hope you will be able to join us on the course again in 2010.

Location: Hanging Rock Golf Club, Salem